

Winter I Session November 11, 2019- January 25, 2020

Thanksgiving Week

Monday 11/25 - Regular classes and Tumble Practice 8-9p.m.

Tuesday 11/26 - Regular classes and Open Gym 11a.m.-12p.m.

Wednesday 11/27 – Regular classes and Open Gym 7:30-8:45p.m.

Thursday 11/28 - No classes, Happy Thanksgiving!

Friday 11/29 - No classes, but we are running our Friday Night Flip
Out 8:30-10:30p.m. ages 7 and up!

Saturday 11/30- No classes or activities scheduled



Christmas Break- No Classes December 23- January 1

Classes will resume on Thursday, January 2nd. We will be holding Flip Outs, Holiday Fun Days and Special Open Gym times during the break.



Holiday Open Gym

Thursday, 12/26 6:30p.m.-8:30p.m.

Friday, 12/27 10:00a.m.–12:00p.m.

No registration in advance is needed.
\$8 Drop-in, kids under 3 free w/
parent supervision on floor.

Holiday FUN DAYS 1-4 p.m.

Monday 12/23

Friday 12/27

Monday 12/30

Registration in advance is suggested
to save your spot.
\$14 per child
3 and potty trained and up

Inclement Weather Policy

We take hazardous road conditions very seriously and have several factors we take into consideration before cancelling classes. Here is how you know if we are closed due to inclement weather and snowy or icy conditions:



Morning Classes: Classes scheduled before 12p.m. are cancelled when the Romeo School District is cancelled for school.



Afternoon, Evening, and Saturday Classes: Please call our voicemail, check our Facebook page, or check our website homepage for an update as to whether or not your child's class will be in session.



Open Gyms, Tumble Clinics, Fun Days, Flip Outs: Please call our voicemail, check our Facebook page, or check our website homepage for an update as to whether or not we will be running these events.

Parents' Night Out, 5:30-10:30 p.m.

Have a night out while the kids have fun at AGC Romeo! We offer pizza and lemonade for dinner and cookies for a late night snack. While they are here, we have gymnastics, movies, games, crafts, and a coloring station. Tons of coach interaction with our safety certified coaches guarantees it to be a fun night! All children 3 and potty-trained and up are invited to come and join us for a great night!



Upcoming dates:
Nov 16th
Dec 21st
Jan 11th

Registration in advance saves your child's spot and can be taken in person, over the phone or online at www.agimichigan.com/romeo !

Saturday Fun Days 2:30-5:30pm

Kids 3 & up (potty-trained) can come for organized games, tons of coach interaction, open play, and a lot of fun! Includes a light snack of pretzels, animal crackers, and lemonade. Registration in advance saves your child's spot and can be taken in person, over the phone or online at www.agimichigan.com/romeo!



Winter I Session Fun Day Dates:

November 23rd
December 7th
January 4th
January 18th



Register online@
agimichigan.com/romeo

Christmas Toy Drive/Teen Gift Drive



We are excited to announce once again this year we are collecting new, unwrapped toys and gifts for the Rainbow Connection, an organization that helps Michigan children with life threatening illnesses. They are based out of Rochester, MI, and they are collecting toys for children 18 years and under for this Christmas. While any toy or gift is appreciated and will be used, we have been told that the “teens” are the ones most in need.

Gift suggestions include: Gift cards, board games, arts and crafts, sports team gear, iPods, nerf guns and nerf toys, Bath and Body gift sets, make up, nail polish, G, PG, and PG13 DVD movies, purses, headphones/earbuds, portable speakers, fluffy blankets, handheld electronic games.

We are collecting until Monday, December 16th!

AGC Romeo Princess Tea Party! **Saturday, February 29th 2:30-5:30 pm**

Girls 3 and older can come and play princess gymnastics before getting hair, nails, and make-up done to look their best for our Tea Party with their favorite Princesses! Each girl attending will receive a tiara to wear with her party dress or princess costume (which we will dress them in for the Tea Party). Real, live Princesses will be joining us, so register in advance to hold your spot!



The cost is \$30 per girl. Registration can be taken in person, online at www.agimichigan.com/romeo or by calling 586-752-3547. Girls should come dressed in their gymnastics clothes and bring a princess dress or party dress with them.

Birthday parties are great at AGC Romeo!



Does your child have a birthday coming up? Do you want your child's next birthday party to be fun, exciting, and fast paced without the hassle of dealing with the messy clean up? Book your party at American Gymnastics Romeo, and let us do the dirty work! Parties are offered Saturdays & Sundays throughout the school year and Fridays, Saturdays, and some Sundays during the summer. We also offer Flip Out birthday parties on Friday nights for kids who are 7 or older!

We have 2 private party rooms for you and your guests to use during the entire party with a full size refrigerator to put your drinks, food, and ice cream. Our standard room can comfortably accommodate 20 students and our premium room can comfortably accommodate 30 students. The birthday child receives a special Birthday Medal and a free t-shirt, and birthday party participants also receive medals along with a free open gym pass to come back and play. See our website or the front desk for more information or to reserve your party!

Looking for Gifts for your little gymnast?

1. American Gymnastics Romeo Apparel

Special order sweatshirts and t-shirts make great presents! They come in a variety of colors and we have children's sample sizes in the pro-shop to see what size would fit your gymnast! **Orders can be taken at the front desk and should be placed by November 30th in order to guarantee delivery for Christmas.**



Solid color T-Shirts- \$12/ Tie-Dyed T-Shirts- \$14

Child sized Hoodie- \$22.50/ Adult sized Hoodie- \$24.50

2. Gymnastics Leotard

Does your gymnast need a new leotard? We will be having a 20% off leotard sale December 1st -December 22nd. Please remember to keep the tags on the leotard and save your receipt just in case you need to return it.

3. AGC Romeo Gift Certificate

Gift certificates to our facility make great presents! It keeps kids active and moving, provides hours of fun, and no clutter around your house. Bonus for the holiday season we will give you more value for your money.

Spend \$50 get \$62.50

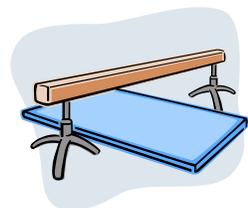
Spend \$100 get \$125

Spend \$200 get \$250

They can be used for either classes or weekly or special events such as Open Gym, Fun Days, or Parents' Night Out. Don't worry about losing them, let us add it to your account and we will keep track of it for you!

4. Mats/Small Equipment

Norbert's offers great quality for a great price, as well as FREE shipping to your door! You can go online at www.norberts.net or call 1-800-779-1904 to place your order. Orders must be placed by December 2nd to guarantee delivery by December 24th. Enter code AM046 to help earn free equipment for our gym. If you have any questions, please see our registration desk for a copy of the pictures and prices of the equipment offered.



FRIDAY NIGHT FLIP OUT

MUSIC, FRIENDS, RAFFLES!!

- Flip Out is every FRIDAY 8:30-10:30p.m. for kids 7 and older for \$9, and pizza is available for \$1 per slice. We turn the music up loud, the DJ Disco lights on, and have a party every week!
- Sign in starts at 8 p.m. and new students should have a signed parent consent form to participate. Each student is entered into our weekly raffle to win prizes, pizza, Flip Out passes, and more!

Fundraisers with us are AMAZING!

Have you heard about our fundraising? Your group has a ton of fun and the proceeds go back to your group! Our fundraisers are 2 hours of open playtime on Sunday evenings and includes a slice of pizza and lemonade for each participant. Participants must be 3 and potty-trained and older, and you should have at least 50 tickets sold prior to the event. We can accommodate up to 100 participants in the gym, and all we need from you is a few volunteers to help with pizza. Check out more information at www.agimichigan.com/romeo or at the front desk next time you are in!



Starbursts, Starbrights, Shooting Stars, All Stars, Super Stars, Boys Pre-Instructional, All Girls Jr. Bronze Classes



The preschool aged program is designed to meet the needs of children 18 months through 6 years old. We pride ourselves in providing classes that follow weekly lesson plans that apply to each age group. Students are taught skills appropriate for their age and ability, and we have the flexibility in our classes to challenge students that are ready for more difficult tasks. Our focus is to understand that children have different needs, learning styles, and abilities based on their ages, developmental stages and personalities. We are always adjusting teaching styles to accommodate each class's progress and success.

Students are learning not only the building blocks of gymnastics, but also gross motor skills, listening skills, turn taking, socialization, and a sense of accomplishment. These things combined make your child physically and mentally prepared for school, and help to boost their self-esteem. Students in Parent-Tot classes often learn best by repetition, so ask your coach if there is anything you can do at home to make class easier! If you have any questions or concerns, you may direct them towards AGC Romeo Program Director, Lesley Gadioli.

Bronze, Silver, Gold, Platinum, Diamond, Boys Classes, Tumbling & Trampoline Classes

The instructional program is for students in first grade and older, and is designed to build strength, balance, coordination, flexibility, and muscle control as well as teach gymnastics skills. Because most skills require a great deal of strength and flexibility, we suggest students work on stretching and conditioning at home to help them improve.



Selected skills are required for each student to complete several times properly before they move to the next level. We hand out enrollment slips during the 6th week of class to inform you what level your child should be in for the next session. The harder the level of the class, the longer they will stay in that level due to the complexity of the skills. Moving a child into a level they are not ready for physically or emotionally can lower their confidence level and their self-esteem. Talk to your child's instructor to find out ways they can improve their skills outside of class. If you have any questions or concerns, you may direct them towards AGC Romeo Program Director, Lesley Gadioli.

Ninja Classes



The Ninja Contender classes are part of our program that incorporates the importance of exercise and fun on our trampolines, mats, foam pits, and equipment, but without the skills and flexibility needed for our gymnastics classes. Learning to be agile on their feet, quick to react to their surroundings, and keep their heart rate up for at least 30 minutes make these classes fast paced and a lot of fun. Our Ninja Contender classes follow a weekly lesson plan that is flexible enough to adjust to students of all ability levels. If you have any questions or concerns, you may direct them towards our Office Manager, Marsha Snuggs.

Learn gymnastics faster! Here's how!

If your child is in an instructional gymnastics or tumbling class, we offer Elite classes that will help them learn gymnastics faster.

- ✓ Super small classes (4 students max)
- ✓ A 10 Spot Tumble Practice/Open Gym card for additional practice
- ✓ Skill progress monitoring
- ✓ Fewer kids in the gym, less distractions
- ✓ Sign up now, space is limited!



Online registration for special events and classes is easy!



We have been registering online for classes and special events for quite a while now, so if you haven't tried it, you're missing out! All of this can be done at www.agimichigan.com/romeo and then clicking on the Parent Portal Login at the top of the page. Just use the email that you have on file with us and you can get started from there. We are very excited to be able to offer this convenience to you!

Parental Viewing

Parents, please keep children in the viewing area at all times. Only enrolled children will be allowed in the gym with an instructor's permission. An adult must supervise any remaining children while they are in the viewing area to prevent any gymnastics or horseplay around the bleachers. We ask that you please be considerate of others around you and limit your cell phone use while in the viewing area. While watching your child, please do not stand in front of the bleachers or lean against the glass. We want everyone behind you to also watch their children!

Student Attire

Preferred attire for girls is a leotard, and for boys is comfortable shorts and t-shirt. Everyone should have bare feet, and no tights please! If your child has long hair, please make sure it is pulled back. No jewelry is allowed, with the exception of small post earrings. We ask that your child have neatly trimmed fingernails and toenails to prevent scratching themselves or coaches during class.



AGC Romeo Referral Program



If you refer a new family to our facility and they enroll at least 1 new student in classes, you receive a \$15 account credit to use towards classes, special events, or pro-shop items!

Vehicle Decals!

We have vehicle decals available for the low price of \$5! You can personalize them with the names of your gymnasts for only \$2.50. Each decal sold will be entered into our monthly drawing for a \$25 AGC Romeo gift certificate. Get yours in our office today!



Make Up Classes

American Gymnastics Romeo guarantees one make-up class per child per session. However, if unusual circumstances occur and additional make-ups are needed, they may be granted based on availability. To prevent over booking a class, please schedule make-ups ahead of time at the front desk or over the phone. *Make-ups may not be carried over to the next enrollment period and are based on availability. Open gym times may be used in place of a class for make-ups.*

Privacy Policy

American Gymnastics Romeo is committed to keeping all personal customer information collected secure, confidential and private. Our privacy practices have been designed to ensure those affiliated with American Gymnastics Romeo uphold the highest standard of commitment to our obligation of exceeding industry standards and customer expectations. As a course of business we will never release, sell, rent or lease any customer information to any third parties.

DID YOU KNOW...

- The 2nd class is 50% off for the same child in the same session! Kids learn skills faster when they practice more often.
- Daytime preschool classes are offered at a discounted rate of \$109 for any class Tuesday-Friday before 3p.m.!
- See the front desk for more information!

AGC Romeo Mission Statement

It is the mission of American Gymnastics Romeo to create a fun, safe and energetic atmosphere for children of all ages! All sports are based upon the foundation that gymnastics provides. Gymnastics incorporates a healthy, fitness based activity while building fundamental coordination and basic motor skills. American Gymnastics Romeo is committed to providing a challenging yet rewarding gymnastics experience for your child!

Check Us Out...

WEBSITE

Check out our website where you can find schedules, calendars, staff pictures, special event information, and to register!

www.agimichigan.com/romeo

Check us out on Facebook and Instagram!

Like our page on Facebook to find out about special events and open gyms. To share photos and more look for AGC Romeo on Facebook or American_gymnastics_Romeo on Instagram!



Thank you, our customers!

We appreciate your business and would like to take this opportunity to introduce ourselves. If you have comments or concerns, please stop by the front desk. You may direct any concerns to the head of the following areas:

Program Director: Lesley Gadioli
Office Manager: Marsha Snuggs

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