

| Class | Description | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | 9 Wk Price | Monthly Price*AAP |
|---|--|---------------------------------|--------------------------|------------------------------|---|-------------|----------|---------------|-------------------|
| <u>Starbursts</u> Walking-3yrs, 40 minutes, (7:1) | Parent / Child interaction with emphasis on building motor skills, balance, jumping, climbing, social interaction, and FUN! Small equipment includes low beams, bars, and tumble track. | 5:15 | 10:30 5:30 | 4:30 6:30 | 9:30 5:30 6:30 | | | \$134 | \$56 |
| <u>Starbrights</u> 2-4 yrs, 40 minutes, (4:1) | Basic gymnastic fun for boys and girls age 2 and 3. Emphasis on gross motor skills and learning to participate in class without parental assistance Parents are required to stay in the building during class. | 12:30 | 9:30 5:30 | 6:15 | 11:30 4:30 5:30 | | | \$134 | \$56 |
| <u>Shooting Stars</u> 3-4 ½ yrs, 45 minutes, (5:1) | Basic gymnastic fun for boys and girls age 3 and up. Emphasis on balance, coordination and skill building. Students must be potty trained and be able to stay with class. | 1:30 2:30 5:00 6:00 7:00 | 11:30 4:30 6:20 | 4:30 5:30 | 9:30 10:30 5:00 5:30 5:50 6:30 6:45 | | | \$134 | \$56 |
| <u>All Stars</u> 4 ½ -6 yrs, 55 minutes, (6:1) | Boys and girls will learn basic gymnastics and improve gross motor skills on a variety of small equipment and spring floor. Guaranteed FUN! | 12:30 2:30 5:00 6:00 7:00 | 9:30 4:30 6:20 7:15 | 5:30 6:30 | 10:30 4:30 6:30 | | | \$142 | \$60 |
| <u>Super Stars</u> 4 ½ -6 yrs, 55 minutes (6:1) | For boys and girls who have mastered basic gymnastics skills in the All Stars class and are ready for a more challenging adventure! Instructor recommendation required to register. | 1:30 5:30 6:15 | 11:30 6:30 | | 4:30 | | | \$142 | \$60 |
| <u>All Boys Pre-Instructional</u> 4 ½ - 6 yrs, 55 minutes (7:1) | For boys who are looking to learn gymnastics and improve on their gross motor skills in an All Boys class. Fast paced and designed with boys in mind! | 5:30 | 10:30 6:10 | | 6:15 | | | \$142 | \$60 |
| <u>All Girls Jr. Bronze</u> 4 ½ - 6 yrs. 65 minutes, (7:1) | For girls who have mastered the Super Stars skills but are not quite ready for the Bronze class. This class focuses on all four Olympic events. Instructor recommendation required to register. | 6:50 | 5:00 | 5:00 | 11:30 | | | \$165 | \$69 |
| <u>Girls Bronze Level Gymnastics</u> 75 minutes, (8:1) | Introductory class that builds basic gymnastic skills on all four Olympic events: Vault, Bars, Beam, and Spring Floor. For first graders and older. | 12:30 2:00 5:00 6:30 6:45 | 9:30 4:30 5:50 | 3:00** 4:30 6:00 | 11:00 4:45 6:10 | | | \$184/\$273** | \$77/\$114** |
| <u>Girls Silver Level Gymnastics</u> 75 minutes, (8:1) | For students that have mastered basics of the Girls Bronze Level class and are familiar with all gymnastic equipment. | 12:30 5:00 6:30 | 11:00 4:30 5:50 7:10 | 3:00** 4:30 6:00 | 9:30 4:45 6:10 | | | \$184/\$273** | \$77/\$114** |
| <u>Girls Gold Level Gymnastics</u> 75 minutes, (8:1) | Targeted toward advanced gymnasts with experience in all Olympic events. Instructor recommendation required to register for this class. | 2:00 5:00 6:45 | 4:15 7:10 | 3:00** 6:00 | 11:00 6:10 | | | \$184/\$273** | \$77/\$114** |
| <u>Girls Platinum Level Gymnastics</u> 75 minutes, (8:1) | Advanced classes for those with highly developed skills in all events. Instructor recommendation required to register for this class. | 2:00 6:30 | 5:00(Diamond)*** 7:10 | 3:00** 4:30 3:00(Diamond) | 9:30 4:45 | | | \$184/\$273** | \$77/\$114** |
| <u>Boys Instructional</u> 75 minutes, (8:1) | For first graders and older. An introductory class with emphasis on tumbling and strength training. Helps to develop agility and coordination needed for all sports. | 5:00 | 7:10 | | 11:00 (w/Int) 4:45 | | | \$184 | \$77 |
| <u>Boys Intermediate/Advanced</u> 75 minutes, (8:1) | Instructor recommendation required to register for these classes. | 6:30 | | | 11:00 (w/Inst.) | | | \$184 | \$77 |
| <u>Tumbling and Trampoline</u> Beginner, Intermediate and Advanced levels. 75 minutes, (8:1) | Fun for boys and girls of all skill levels. Benefits cheerleaders, dancers, or inexperienced tumblers. Students train on spring floor, trampoline and tumble track and foam pit. | Beginner | 5:00 12:30 | 5:50 7:10w/Int. | 4:45 w/Int. | 9:30 w/Int. | | \$184/\$273** | \$77/\$114** |
| | | Intermediate | 12:30 w/beg | 11:00 7:10 | 4:45 | 9:30 4:45 | | | |
| | | Advanced | 6:30 | | 3:00**(all levels) | 4:45 | | | |
| <u>Cheer Prep Ages 6 & up-75 min</u> | Focus is on tumbling, conditioning, flexibility, jumps, motions, stunts and learning a cheer routine. Beginners to advanced students welcome. | | | 6:15 | 6:10 | | | \$184 | \$77 |
| <u>Ninja Contender Class -</u> 55 Minutes, (8:1) | This class involves freestyle tumbling, jumping, conditioning and learning to focus energy. If your child wants to be an American Ninja Warrior this is the class to get them started! | 5:30 | 9:30 4:45 JR | 5:00 JR 6:30 | 6:15 | | | \$150 | \$63 |

** Elite classes - 4:1 ratio with no additional students ever - allows kids to improve at a faster rate – includes 10 spot TP/Open Gym Card (\$75 value)

*** Diamond class is by invitation only after completion of Platinum classes. Tuesday Diamond class is 2 hours and tuition is \$228.00 per 9 week session

American Gymnastics – Romeo

2019-2020 Schedule

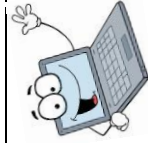
| Session | No. Weeks | Dates | Member Registration Begins |
|----------|-----------|--------------------------------------|----------------------------|
| Summer | 9 | June 17, 2019 – August 23, 2019 | May 20, 2019 |
| Fall | 9 | September 3, 2019 – November 7, 2019 | August 5, 2019 |
| Winter I | 9 | November 11, 2019 – January 25, 2020 | October 14, 2019 |

Romeo Location **Chesterfield Location**
 14837 32 Mile Rd. 52057 Sierra Dr.
 Romeo, MI 48065 Chesterfield, MI 48047
 (586) 752-FLIP (586) 598-0400
 Romeo Website: www.agimichigan.com/romeo
 Romeo Email: agiromeo@yahoo.com

Birthdays Parties are great at AGC Romeo!

Does your child have a birthday coming up? Do you want your child's next birthday party to be fun, exciting, and fast paced without the hassle of dealing with the messy clean up? Book your party at American Gymnastics Romeo, and let us do the dirty work! See the front desk or go to our website for more information and to reserve your party!

\$\$ Fundraisers are AWESOME at AMERICAN GYMNASTICS - ROMEO!! \$\$

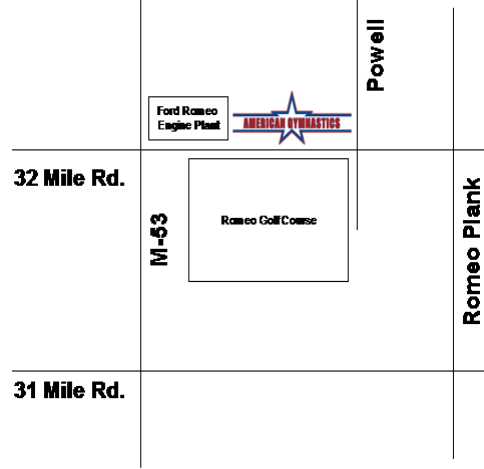


Online Enrollment Available!

You can enroll for classes and our special events online.

Go to our website at www.agimichigan.com/romeo and click on the "Parent Portal Login" tab. If you are a current customer, enter your email address that you have on file with us and click on "Get started". You can then select whether you want to pay monthly (the first of each month) or pay in full. If you have any questions, please email or call us.

50% discount for students enrolling in more than one class per session!!



We are located 3/4 mile east of M53 and 1 mile west of Romeo Plank Road on the north side of 32 Mile Road.

Open Gym/Tumbling Practice Schedule

Tumbling Practice – (7 years and older)

Mondays 8:00 - 9:00 pm
 \$10 per child (Save \$\$ - 10 spot card only \$75)

Open Gym – (all ages)

Mondays - 10:00 am – 11:15 am
 Wednesdays - 7:30 – 8:45 pm
 Thursdays - 7:30 – 8:45 pm

Open gyms are \$6/per child.
 (Save \$\$ - 10 spot card only \$48)

(All children under the age of 3 are free with a parent on the floor.)



14837 32 Mile Road
 Romeo, MI 48065
 (586) 752-3547
www.agimichigan.com/romeo

2019 Summer Class Schedule

In addition to classes, we offer:

- ☆ **Open Gym** (schedule on back)
- ☆ **Parents' Night Out**
- ☆ **Birthdays Parties**
- ☆ **Flip Out B-day Parties**
- ☆ **Thursday Fun Days**
- ☆ **Friday Night Flip Out** (8:30-10:30 pm, ages 7 & up)
- ☆ **50% off of second class** (same student, same session)
- ☆ **Sibling Discounts**
- ☆ **Online Registration**
- ☆ **Tumbling Practice**
- ☆ **Tacky Tuesdays**