

# Winter I Session November 8, 2018- January 23, 2019

## Thanksgiving Week

**Monday 11/19** - Regular classes and Tumble Clinic 8-9p.m.

**Tuesday 11/20** - Regular classes and Open Gym 11a.m.-12p.m.

**Wednesday 11/21** – No classes- Fun Day\* 1-4p.m. & Open Gym  
6:30-8:30p.m.

**Thursday 11/22** - No classes, Happy Thanksgiving!

**Friday 11/23**- No classes, but we are running our Friday Night Flip Out  
8:30-10:30p.m. ages 7 and up!

**Saturday 11/24**- No classes or activities scheduled

\*All activities are drop-in, except the Fun Day on 11/21 requires registration in advance.



## Christmas Break- No Classes December 24- January 1

Classes will resume on Wednesday, January 2<sup>nd</sup>. We will be holding Flip Outs, Holiday Fun Days and Special Open Gym times during the break.



### Holiday Open Gym

Wednesday, 12/26 6:30p.m.-8:30p.m.  
Thursday, 12/27 6:30p.m.-8:30p.m.  
Friday, 12/28 10:00a.m.–12:00p.m.

No registration in advance is needed.  
\$8 Drop-in, kids under 3 free w/  
parent supervision on floor.

### Holiday FUN DAYS 1-4 p.m.

Thursday 12/27  
Friday 12/28

Registration in advance is suggested to save your spot.  
\$14 per child  
3 and potty trained and up

## Inclement Weather Policy

We take hazardous road conditions very seriously and have several factors we take into consideration before cancelling classes. Here is how you know if we are closed due to inclement weather and snowy or icy conditions:





**Morning Classes:** Classes scheduled before 12p.m. are cancelled when the Romeo School District is cancelled for school.



**Afternoon, Evening, and Saturday Classes:** Please call our voicemail, check our Facebook page, or check our website homepage for an update as to whether or not your child's class will be in session.



**Open Gyms, Tumble Clinics, Fun Days, Flip Outs:** Please call our voicemail, check our Facebook page, or check our website homepage for an update as to whether or not we will be running these events.

### **Parents' Night Out, 5:30-10:30 p.m.**

Have a night out while the kids have fun at AGC Romeo! We offer pizza and lemonade for dinner and cookies for a late night snack. While they are here, we have gymnastics, movies, games, crafts, and a coloring station. Tons of coach interaction with our safety certified coaches guarantees it to be a fun night! All children 3 and potty-trained and up are invited to come and join us for a great night!



Upcoming dates:  
Nov 17th  
Dec 22nd  
Jan 12th

Registration in advance saves your child's spot and can be taken in person, over the phone or online at [www.agimichigan.com/romeo](http://www.agimichigan.com/romeo) !

### **Saturday Fun Days 2:30-5:30pm**

Kids 3 & up (potty-trained) can come for organized games, tons of coach interaction, open play, and a lot of fun! Includes a light snack of pretzels, animal crackers, and lemonade. Registration in advance saves your child's spot and can be taken in person, over the phone or online at [www.agimichigan.com/romeo](http://www.agimichigan.com/romeo) !



#### Winter I Session Fun Day Dates:

November 10<sup>th</sup>  
December 8<sup>th</sup>  
January 5<sup>th</sup>  
January 19<sup>th</sup>



Register online@  
[agimichigan.com/romeo](http://agimichigan.com/romeo)

## **AGC Romeo Princess Tea Party!** **Saturday, March 2<sup>nd</sup> 2:30-5:30 pm**

Girls 3 and older can come and play princess gymnastics before getting hair, nails, and make-up done to look their best for our Tea Party with their favorite Princesses! Each girl attending will receive a tiara to wear with her party dress or princess costume (which we will dress them in for the Tea Party). Real, live Princesses will be joining us, so register in advance to hold your spot!



The cost is \$30 per girl. Registration can be taken in person, online at [www.agimichigan.com/romeo](http://www.agimichigan.com/romeo) or by calling 586-752-3547. Girls should come dressed in their gymnastics clothes and bring a princess dress or party dress with them.

## **FRIDAY NIGHT FLIP OUT** **MUSIC, FRIENDS, RAFFLES!!**

- Flip Out is every FRIDAY 8:30-10:30p.m. for kids 7 and older for only \$8, and pizza is available for \$1 per slice. As of January 1<sup>st</sup>, 2019 the cost of admission for Flip Out will be \$9 per child. We turn the music up loud, the DJ Disco lights on, and have a party every week!
- Sign in starts at 8 p.m. and new students should have a signed parent consent form to participate. Each student is entered into our weekly raffle to win prizes, pizza, Flip Out passes, and more!

## **Looking for Gifts for your little gymnast?**

### **1. American Gymnastics Romeo Apparel**

Special order sweatshirts and t-shirts make great presents! They come in a variety of colors and we have children's sample sizes in the pro-shop to see what size would fit your gymnast! **Orders can be taken at the front desk and should be placed by November 30<sup>th</sup> in order to guarantee delivery for Christmas.**



Solid color T-Shirts- \$12/ Tie-Dyed T-Shirts- \$14

Child sized Hoodie- \$22.50/ Adult sized Hoodie- \$24.50

### **2. Gymnastics Leotard**

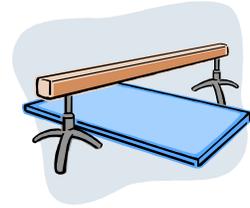
Does your gymnast need a new leotard? We will be having a 20% off leotard sale December 1<sup>st</sup> -December 22<sup>nd</sup>. Please remember to keep the tags on the leotard and save your receipt just in case you need to return it.

### **3. AGC Romeo Gift Certificate**

Gift certificates to our facility make great presents for either classes or weekly or special events such as Open Gym, Fun Days, or Parents' Night Out. They can be in any amount and are the perfect gift for any child!

### **4. Mats/Small Equipment**

Norbert's offers great quality for a great price, as well as FREE shipping to your door! You can go online at [www.norberts.net](http://www.norberts.net) or call 1-800-779-1904 to place your order. Orders must be placed by December 3<sup>rd</sup> to guarantee delivery by December 24<sup>th</sup>. Enter code AM046 to help earn free equipment for our gym. If you have any questions, please see our registration desk for a copy of the pictures and prices of the equipment offered.



### **Birthday parties are great at AGC Romeo!**



Does your child have a birthday coming up? Do you want your child's next birthday party to be fun, exciting, and fast paced without the hassle of dealing with the messy clean up? Book your party at American Gymnastics Romeo, and let us do the dirty work! Parties are offered Saturdays & Sundays throughout the school year and Fridays, Saturdays, and some Sundays during the summer.

We have 2 private party rooms for you and your guests to use during the entire party with a full size refrigerator to put your drinks, food, and ice cream. Our standard room can comfortably accommodate 20 students and our premium room can comfortably accommodate 30 students. The birthday child receives a special Birthday Medal and a free t-shirt, and birthday party participants also receive medals along with a free open gym pass to come back and play. See our website or the front desk for more information or to reserve your party!

### **Online registration for special events and classes is easy!**



We have been registering online for classes and special events for quite a while now, so if you haven't tried it, you're missing out! All of this can be done at [www.agimichigan.com/romeo](http://www.agimichigan.com/romeo) and then clicking on the Parent Portal Login at the top of the page. Just use the email that you have on file with us and you can get started from there. We are very excited to be able to offer this convenience to you!

### **Parental Viewing**

Parents, please keep children in the viewing area at all times. Only enrolled children will be allowed in the gym with an instructor's permission. An adult must supervise any remaining children while they are in the viewing area to prevent any gymnastics or

horseplay around the bleachers. We ask that you please be considerate of others around you and limit your cell phone use while in the viewing area. While watching your child, please do not stand in front of the bleachers or lean against the glass. We want everyone behind you to also watch their children!

## **Student Attire**



Preferred attire for girls is a leotard, and for boys is comfortable shorts and t-shirt. Everyone should have bare feet, and no tights please! If your child has long hair, please make sure it is pulled back. No jewelry is allowed, with the exception of small post earrings. We ask that your child have neatly trimmed fingernails and toenails to prevent scratching themselves or coaches during class.

## **AGC Romeo Referral Program**

If you refer a new family to our facility and they enroll at least 1 new student in classes, you receive a \$15 account credit to use towards classes, special events, or pro-shop items!



## **Vehicle Decals!**



We have vehicle decals available for the low price of \$5! You can personalize them with the names of your gymnasts for only \$2.50. Each decal sold will be entered into our monthly drawing for a \$25 AGC Romeo gift certificate. Get yours in our office today!

## **Starbursts, Starbrights, Shooting Stars, All Stars, Super Stars, Boys Pre-Instructional, All Girls Jr. Bronze Classes**



The preschool aged program is designed to meet the needs of children 18 months through 6 years old. We pride ourselves in providing classes that follow weekly lesson plans that apply to each age group. Students are taught skills appropriate for their age and ability, and we have the flexibility in our classes to challenge students that are ready for more difficult tasks. Our focus is to understand that children have different needs, learning styles, and

abilities based on their ages, developmental stages and personalities. We are always adjusting teaching styles to accommodate each class's progress and success.

Students are learning not only the building blocks of gymnastics, but also gross motor skills, listening skills, turn taking, socialization, and a sense of accomplishment. These things combined make your child physically and mentally prepared for school, and help to boost their self-esteem. Students in Parent-Tot classes often learn best by repetition, so ask your coach if there is anything you can do at home to make class easier! If you have any questions or concerns, you may direct them towards AGC Romeo Program Director, Lesley Gadioli.

## **Bronze, Silver, Gold, Platinum, Diamond, Boys Classes, Tumbling & Trampoline Classes**

The instructional program is for students in first grade and older, and is designed to build strength, balance, coordination, flexibility, and muscle control as well as teach gymnastics skills. Because most skills require a great deal of strength and flexibility, we suggest students work on stretching and conditioning at home to help them improve.



Selected skills are required for each student to complete several times properly before they move to the next level. We hand out enrollment slips during the 6<sup>th</sup> week of class to inform you what level your child should be in for the next session. The harder the level of the class, the longer they will stay in that level due to the complexity of the skills. Moving a child into a level they are not ready for physically or emotionally can lower their confidence level and their self-esteem. Talk to your child's instructor to find out ways they can improve their skills outside of class. If you have any questions or concerns, you may direct them towards AGC Romeo Program Director, Lesley Gadioli.

## **Ninja Classes**

The Ninja Contender classes are part of our program that incorporates the importance of exercise and fun on our trampolines, mats, foam pits, and equipment, but without the skills and flexibility needed for our gymnastics classes. Learning to be agile on their feet, quick to react to their surroundings, and keep their heart rate up for at least 30 minutes make these classes fast paced and a lot of fun. Our Ninja Contender classes follow a weekly lesson plan that is flexible enough to adjust to students of all ability levels. If you have any questions or concerns, you may direct them towards our Office Manager, Marsha Snuggs.



## **Learn gymnastics faster! Here's how!**

If your child is in an instructional gymnastics or tumbling class, we offer Elite classes that will help them learn gymnastics faster.

- ✓ Super small classes (4 students max)
- ✓ A 10 Spot Tumble Clinic/Open Gym card for additional practice
- ✓ Skill progress monitoring
- ✓ Fewer kids in the gym, less distractions
- ✓ Sign up now, space is limited!

## **Make Up Classes**

American Gymnastics Romeo guarantees one make-up class per child per session. However, if unusual circumstances occur and additional make-ups are needed, they may be granted based on availability. To prevent over booking a class, please schedule make-ups ahead of time at the front desk or over the phone. *Make-ups may not be carried over to the next enrollment period and are based on availability. Open gym times may be used in place of a class for make-ups.*

### **DID YOU KNOW...**

**2<sup>nd</sup> class is 50% off for the same child in the same session! Kids learn skills faster when they practice more often. See the registration desk for more information!**

## **AGC Romeo Mission Statement**

It is the mission of American Gymnastics Romeo to create a fun, safe and energetic atmosphere for children of all ages! All sports are based upon the foundation that gymnastics provides. Gymnastics incorporates a healthy, fitness based activity while building fundamental coordination and basic motor skills. American Gymnastics Romeo is committed to providing a challenging yet rewarding gymnastics experience for your child!

## **Privacy Policy**

American Gymnastics Romeo is committed to keeping all personal customer information collected secure, confidential and private. Our privacy practices have been designed to ensure those affiliated with American Gymnastics Romeo uphold the highest standard of commitment to our obligation of exceeding industry standards and customer expectations. As a course of business we will never release, sell, rent or lease any customer information to any third parties.

## **Check Us Out...**

### **WEBSITE**

Check out our website where you can find schedules, calendars, staff pictures, special event information, and to register!

**[www.agimichigan.com/romeo](http://www.agimichigan.com/romeo)**

### **Check us out on Facebook and Instagram!**

Like our page on Facebook to find out about special events and open gyms. To share photos and more look for AGC Romeo on Facebook or American\_gymnastics\_Romeo on Instagram!



## **Thank you, our customers!**

We appreciate your business and would like to take this opportunity to introduce ourselves. If you have comments or concerns, please stop by the front desk. You may direct any concerns to the head of the following areas:

Program Director: Lesley Gadioli  
Office Manager: Marsha Snuggs

14837 32 Mile Road  
Romeo, MI 48065  
(586) 752-3547