



# Summer Session

## June 18 – August 23, 2018

We are closed Monday, July 2<sup>nd</sup> through Saturday, July 7<sup>th</sup> in observance of Independence Day. Have a safe holiday and all regular classes and activities will resume on Monday, July 9<sup>th</sup>.

### Tacky Tuesday 9:00-12:00 Tuesday!

A new theme each week means tons of new stuff to do! Each theme will offer a variety of crafts, special games, cool activities, fun team building exercises, snacks and more!  
**\$14 per child**  
 Registration in advance is recommended, call or go online at [www.agimichigan.com/romeo](http://www.agimichigan.com/romeo)

<u>Date:</u>	<u>Theme:</u>
June 19	Sports
June 26	Beach
July 10	Pirate
July 17	Circus
July 24	Bugs
July 31	Ninja
August 7	Winter Wonderland
August 14	Puppy/ Kitty
August 21	Super Hero/ Princess



### Parents' Night Out, 5:30-10:30 p.m.

Have a night out while the kids have fun at AGC Romeo! We offer pizza and lemonade for dinner and cookies for a late night snack. While they are here, we have gymnastics, movies, games, crafts, and a coloring station. Tons of coach interaction with our safety certified coaches guarantees it to be a fun night! All children 3 and potty-trained and up are invited to come and join us for a great night! It is \$24 per child and parents are not required to stay!



Next Date:  
 August 11th

Registration in advance saves your child's spot, register in person, online or over the phone.

## Thursday Fun Days 1:00-4:00pm

Kids 3 & up (potty-trained) can come for organized games, tons of coach interaction, open play, and a lot of fun! Includes a light snack of pretzels, animal crackers, and lemonade. Registration in advance is recommended.

**Cost per child is \$14.**

### 2018 Summer Thursday Fun Day Dates:

June 21, 28

July 12, 19, 26

August 2, 9, 16, 23



## **MUSIC, FRIENDS, RAFFLES!!** **FRIDAY NIGHT FLIP OUT**

- Flip Out is every FRIDAY 8:30-10:30p.m. for kids 7 and older for only \$8, and pizza is available for \$1 per slice. We turn the music up loud, the DJ Disco lights on, and have a party every week!
- Sign in starts at 8 p.m. and new students should have a signed parent consent form to participate. Each student is entered into our weekly raffle to win prizes, pizza, Flip Out passes, and more!
- No Flip Out on Friday, July 6<sup>th</sup> when we are closed for the July 4<sup>th</sup> holiday week, and no Flip Out on Friday, August 31<sup>st</sup> due to Peach Festival activities.

### **Birthday parties are great at AGC Romeo!**



Does your child have a birthday coming up? Do you want your child's next birthday party to be fun, exciting, and fast paced without the hassle of dealing with the messy clean up? Book your party at American Gymnastics Romeo, and let us do the dirty work! Parties are offered Saturdays & Sundays throughout the school year and Fridays, Saturdays, and some Sundays during the summer.

We have 2 private party rooms for you and your guests to use during the entire party with a full size refrigerator to put your drinks, food, and ice cream. Our standard room can comfortably accommodate 20 students and our premium room can comfortably

accommodate 30 students. The birthday child receives a special Birthday Medal and a free t-shirt, and birthday party participants also receive medals along with a free open gym pass to come back and play. See the front desk for more information!

## **Fall Session**

We will be registering for our Fall classes on Monday, August 6<sup>th</sup> in person and by phone, and online at [www.agimichigan.com/romeo](http://www.agimichigan.com/romeo). Our Fall classes will run September 4<sup>th</sup> through November 7<sup>th</sup>, 2018. Put our registration date on your calendar so you don't forget!



## **Parental Viewing**

Parents, please keep children in the viewing area at all times. Only enrolled children will be allowed in the gym with an instructor's permission. An adult must supervise any remaining children while they are in the viewing area to prevent any gymnastics or horseplay around the bleachers. We ask that you please be considerate of others around you and limit your cell phone use while in the viewing area. While watching your child, please do not stand in front of the bleachers or lean against the glass. We want everyone behind you to also watch their children!

## **Student Attire**



Preferred attire for girls is a leotard, and for boys is comfortable shorts and t-shirt. Everyone should have bare feet, and no tights please! If your child has long hair, please make sure it is pulled back. No jewelry is allowed, with the exception of small post earrings. We ask that your child have neatly trimmed fingernails and toenails to prevent scratching themselves or coaches during class

## **Member Referral Program**

We love referrals! If you refer a new family to our location, we credit your account \$15 to use towards classes, special events, or pro-shop items! It's that easy!



## **Vehicle Decals!**

We have vehicle decals available for the low price of \$5! You can personalize them with the names of your gymnasts for only \$2.50. Each decal sold will be entered into our monthly drawing for a \$25 AGC Romeo gift certificate. Get yours in our office today!



## **Starbursts, Starbrights, Shooting Stars, All Stars, Super Stars, Boys Pre-Instructional, All Girls Jr. Bronze Classes**



The preschool aged program is designed to meet the needs of children 18 months through 6 years old. We pride ourselves in providing classes that follow weekly lesson plans that apply to each age group. Students are taught skills appropriate for their age and ability, and we have the flexibility in our classes to challenge students that are ready for more difficult tasks. Our focus is to understand that children have different needs, learning styles, and

abilities based on their ages, developmental stages and personalities. We are always adjusting teaching styles to accommodate each class's progress and success.

Students are learning not only the building blocks of gymnastics, but also gross motor skills, listening skills, turn taking, socialization, and a sense of accomplishment. These things combined make your child physically and mentally prepared for school, and help to boost their self-esteem. Students in Parent-Tot classes often learn best by repetition, so ask your coach if there is anything you can do at home to make class easier! If you have any questions or concerns, you may direct them towards AGC Romeo Program Director, Lesley Gadioli.

## **Bronze, Silver, Gold, Platinum, Diamond, Boys Classes, Tumbling & Trampoline Classes**

The instructional program is for students in first grade and older, and is designed to build strength, balance, coordination, flexibility, and muscle control as well as teach gymnastics skills. Because most skills require a great deal of strength and flexibility, we provide a strength calendar to each child for them to work on improving at home.



Selected skills are required for each student to complete several times properly before they move to the next level. We hand out enrollment slips during the 5<sup>th</sup> week of class to inform you what level your child should be in for the next session. The harder the level of the class, the longer they will stay in that level due to the complexity of the skills. Moving a child into a level they are not ready for physically or emotionally can lower their confidence level and their self-esteem. Talk to your child's instructor to find out ways they can improve their skills outside of class. If you have any questions or concerns, you may direct them towards AGC Romeo Program Director, Lesley Gadioli.

### **Ninja Classes and Power Play Classes**

The Ninja Contender classes and Power Play Classes are part of our program that incorporates the importance of exercise and fun on our trampolines, mats, foam pits, and equipment, but without the skills and flexibility needed for our gymnastics classes. Learning to be agile on their feet, quick to react to their surroundings, and keep their heart rate up for at least 30 minutes make these classes fast paced and a lot of fun. Our Ninja Contender classes follow a weekly lesson plan that is flexible enough to adjust to students of all ability levels. If you have any questions or concerns, you may direct them towards our Office Manager, Marsha Snuggs.



### **Learn gymnastics faster! Here's how!**

If your child is in an instructional gymnastics or tumbling class, we offer Elite classes that will help them learn gymnastics faster.

- ✓ Super small classes (4 students max)
- ✓ A 10 Spot Tumble Clinic/Open Gym card for additional practice
- ✓ Skill progress monitoring
- ✓ Fewer kids in the gym, less distractions
- ✓ Sign up now, space is limited!

### **Make Up Classes**

American Gymnastics Romeo guarantees one make-up class per child per session. However, if unusual circumstances occur and additional make-ups are needed, they may be granted based on availability. To prevent over booking a class, please schedule make-ups ahead of time at the front desk or over the phone. *Make-ups may not be carried over to the next enrollment period and are based on availability. Open gym times may be used in place of a class for make-ups.*

**DID YOU KNOW...**

**2<sup>nd</sup> class is 50% off for the same child in the same session! Kids learn skills faster when they practice more often. See the registration desk for more information!**

**AGC Romeo Mission Statement**

It is the mission of American Gymnastics Romeo to create a fun, safe and energetic atmosphere for children of all ages! All sports are based upon the foundation that gymnastics provides. Gymnastics incorporates a healthy, fitness based activity while building fundamental coordination and basic motor skills. American Gymnastics Romeo is committed to providing a challenging yet rewarding gymnastics experience for your child!

**Privacy Policy**

American Gymnastics Romeo is committed to keeping all personal customer information collected secure, confidential and private. Our privacy practices have been designed to ensure those affiliated with American Gymnastics Romeo uphold the highest standard of commitment to our obligation of exceeding industry standards and customer expectations. As a course of business we will never release, sell, rent or lease any customer information to any third parties.

**Check Us Out...**

**WEBSITE**

Check out our website where you can find schedules, calendars, staff bios, special event information, and more!

**[www.agimichigan.com/romeo](http://www.agimichigan.com/romeo)**

**Check us out on Facebook and Instagram!**

Like our page on Facebook to find out about special events and open gyms. To share photos and more look for AGC Romeo on Facebook or American\_gymnastics\_Romeo on Instagram!



**Thank you, our customers!**

We appreciate your business and would like to take this opportunity to introduce ourselves. If you have comments or concerns, please stop by the front desk. You may direct any concerns to the head of the following areas:

Program Director: Lesley Gadioli  
Office Manager: Marsha Snuggs

14837 32 Mile Road  
Romeo, MI 48065  
(586) 752-3547