Winter II Session
January 30 – April 1, 2017

Snowy Weather Information

Here is how you know if we will be open during inclement weather:

Morning Classes:
Classes scheduled before 12:00pm will be closed when Romeo School District is cancelled.

Open Gyms / Tumble Clinics / Fun Day / Flip Outs:
Please call our office to see if we are still running these events during snowy conditions.

Afternoon, Evening, Saturday Classes:
Please call our office to see if your child's class will still be in session for that day.

Parental Viewing

Parents, please keep children in the viewing area at all times. Only enrolled children will be allowed in the gym with an instructor's permission. An adult must supervise any remaining children while they are in the viewing area to prevent any gymnastics or horseplay around the bleachers. We ask that you please be considerate of others around you and limit your cell phone use while in the viewing area. While watching your child, please do not stand in front of the bleachers or lean against the glass. We want everyone behind you to also watch their children!

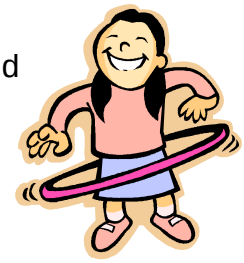
Student Attire

Preferred attire for girls is a leotard, and for boys is comfortable shorts and t-shirt. Everyone should have bare feet, and no tights please! If your child has long hair, please make sure it is pulled back. No jewelry is allowed, with the exception of small post earrings. We ask that your child have neatly trimmed fingernails and toenails to prevent scratching themselves or coaches during class

Member Referral Program

Your friend receives $15 off Family Membership with new class enrollment, and you receive $15 in coupons to use towards classes, special events, or pro-shop items!

Saturday Fun Days, 2:30-5:30 p.m.



Our Saturday Fun Days are filled with coach interaction, organized games, and free play in the gym! Children 3 and potty-trained and older can come play, practice, and hang out with our safety-certified coaches. We include a light snack of pretzels, animal crackers, and lemonade about half way through to re-energize the kids.

Upcoming dates:

February 4th and 25th
March 11th and 25th
April 22nd

Drop-ins are welcome, however registration in advance guarantees your child's spot. Register in person or by calling 752-3547.

Parents' Night Out, 5:30-10:30 p.m.

Have a night out while the kids have fun at AGC Romeo! We offer pizza and lemonade for dinner and cookies for a late night snack. While they are here, we have gymnastics, movies, games, crafts, and a coloring station. Tons of coach interaction with our safety certified coaches guarantees it to be a fun night! All children 3 and potty-trained and up are invited to come and join us for a great night!

Upcoming dates:
February 11th
March 4th
April 8th

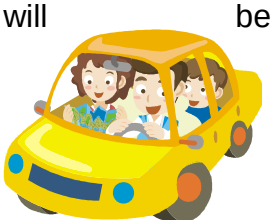
Members $22 per child
Non-Members $24 per child
Registration in advance saves your child's spot.

MUSIC, FRIENDS, RAFFLES!!
FRIDAY NIGHT FLIP OUT

- Flip Out is every FRIDAY 8:30-10:30p.m. for kids 7 and older for only $8, and pizza is available for $1 per slice. We turn the music up loud, the DJ Disco lights on, and have a party every week!
- Sign in starts at 8 p.m. and new students should have a signed parent consent form to participate. Each student is entered into our weekly raffle to win prizes, pizza, Flip Out passes, and more!

New Price for our Vehicle Decals!

We have vehicle decals available for the new low price of $5! You can personalize them with the names of your gymnasts for only $2.50. Each decal sold will be entered into our monthly drawing for a $25 AGC Romeo gift certificate. Get yours in our office today!



Birthday parties are great at AGC Romeo!

Does your child have a birthday coming up? Do you want your child's next birthday party to be fun, exciting, and fast paced without the hassle of dealing with the messy clean up? Book your party at American Gymnastics Romeo, and let us do the dirty work! Parties are offered Saturdays & Sundays throughout the school year and Fridays, Saturdays, and Sundays during the summer.

We now have 2 private party rooms for you and your guests to use during the entire party with a full size refrigerator to put your drinks, food, and ice cream. Our standard room can comfortably accommodate 20 students and our premium room can comfortably accommodate 30 students. The birthday child receives a special Birthday Medal and a free t-shirt, and birthday party participants also receive medals along with a free open gym pass to come back and play. See the front desk for more information!

SPRING BREAK-NO CLASSES

We will not be running classes Monday, April 3rd – Thursday, April 6th for Spring Break Vacation.

Not going anywhere? We have activities all week long!

Tumble Clinic - Monday, April 3rd from 8-9 p.m. $10 drop-in or use your 10 SPOT card.

Holiday Open Gym- Wednesday, April 5th and Thursday, April 6th 6:30-8:30. $8 per child, or use your 10 SPOT card. Under 3 are free with parental assistance on the floor. Drop-in, no registration required.

Spring Break Fun Days- Tuesday, April 4th, Wednesday, April 5th and Thursday, April 6th from 1-4 p.m. for kids 3 and potty-trained and up. Members $12, non-members $14, registration in advance is suggested.

Save the Date for FUN MEET

We will be holding our annual Spring Fun Meet on Saturday, June 10th and Sunday, June 11th. This is the crowning event of the year and an opportunity for students in our Preschool, Girls' and Boys' Instructional, and Tumbling classes to show their skills and routines off to their friends and family! Plus, everyone gets a beautiful trophy and several ribbons!

Starbursts, Shooting Stars, All Stars, Super Stars, Boys Pre-Instructional, All Girls Jr. Bronze Classes

The preschool aged program is designed to meet the needs of children 18 months through 6 years old. We pride ourselves in providing classes that follow weekly lesson plans that apply to each age group. Students are taught skills appropriate for their age and ability, and we have the flexibility in our classes to challenge students that are ready for more difficult tasks. Our focus is to understand that children have different needs, learning styles, and abilities based on their ages, developmental stages and personalities. We are always adjusting teaching styles to accommodate each class's progress and success.

Students are learning not only the building blocks of gymnastics, but also gross motor skills, listening skills, turn taking, socialization, and a sense of accomplishment. These things combined make your child physically and mentally prepared for school, and help to boost their self-esteem. Students in Parent-Tot classes often learn best by repetition, so ask your coach if there is anything you can do at home to make class easier! If you have any questions or concerns, you may direct them towards AGC Romeo Program Director, Lesley Gadioli.

Bronze, Silver, Gold, Platinum, Diamond, Boys Classes, Tumbling & Trampoline Classes

The instructional program is for students in first grade and older, and is designed to build strength, balance, coordination, flexibility, and muscle control as well as teach gymnastics skills. Because most skills require a great deal of strength and flexibility, we provide a strength calendar to each child for them to work on improving at home.

Selected skills are required for each student to complete several times properly before they move to the next level. We hand out enrollment slips during the 5th week of class to inform you what level your child should be in for the next session. The harder the level of the class, the longer they will stay in that level due to the complexity of the skills. Moving a child into a level they are not ready for physically or emotionally can lower their confidence level and their self-esteem. Talk to your child's instructor to find out ways they can improve their skills outside of class. If you have any questions or concerns, you may direct them towards AGC Romeo Program Director, Lesley Gadioli.

Ninja Classes and Power Play Classes

The Ninja Contender classes and Power Play Classes are part of our program that incorporates the importance of exercise and fun on our trampolines, mats, foam pits, and equipment, but without the skills and flexibility needed for our gymnastics classes. Learning to be agile on their feet, quick to react to their surroundings, and keep their heart rate up for at least 30 minutes make these classes fast paced and a lot of fun. Our Ninja Contender classes follow a weekly lesson plan that is flexible enough to adjust to students of all ability levels. If you have any questions or concerns, you may direct them towards our Office Manager, Marsha Snuggs.

Make Up Classes

American Gymnastics Romeo guarantees one make-up class per child per session. However, if unusual circumstances occur and additional make-ups are needed, they may be granted based on availability. To prevent over booking a class, please schedule make-ups ahead of time at the front desk or over the phone. *Make-ups may not be carried over to the next enrollment period and are based on availability. Open gym times may be used in place of a class for make-ups.*

DID YOU KNOW…

2nd class is 50% off for the same child in the same session! Kids learn skills faster when they practice more often. See the registration desk for more information!

AGC Romeo Mission Statement

It is the mission of American Gymnastics Romeo to create a fun, safe and energetic atmosphere for children of all ages! All sports are based upon the foundation that gymnastics provides. Gymnastics incorporates a healthy, fitness based activity while building fundamental coordination and basic motor skills. American Gymnastics Romeo is committed to providing a challenging yet rewarding gymnastics experience for your child!

Privacy Policy

American Gymnastics Romeo is committed to keeping all personal customer information collected secure, confidential and private. Our privacy practices have been designed to ensure those affiliated with American Gymnastics Romeo uphold the highest standard of commitment to our obligation of exceeding industry standards and customer expectations. As a course of business we will never release, sell, rent or lease any customer information to any third parties.

Check Us Out…

WEBSITE

Check out our website where you can find schedules, calendars, staff bios, special event information, and more!

www.agimichigan.com/romeo

Check us out on Facebook and Instagram!

Like our page on Facebook to find out about special events and open gyms. To share photos and more look for AGC Romeo on Facebook or American_gymnastics_Romeo on Instagram!

Thank you, our customers!

We appreciate your business and would like to take this opportunity to introduce ourselves. If you have comments or concerns, please stop by the front desk. You may direct any concerns to the head of the following areas:

Program Director: Lesley Gadioli
Office Manager: Marsha Snuggs

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